



- No se permite el uso del diccionario ni de ningún otro material didáctico.
- Las preguntas deberán ser respondidas en inglés.
- Duración de la prueba: 1 hora y 30 minutos.
- **Hay que elegir:** un texto con sus preguntas, 6 frases de rephrasing y una redacción.

## **PART I. READING**

### **CHOOSE ONE OF THE FOLLOWING TEXTS.**

**You must answer all the questions about the same text. NO POINTS will be given to mixed answers. Clearly identify on your paper which text you have chosen.**

### **TEXT 1**

#### **A NEW ROUTE**

The car is the symbol of modern American life; but cars need roads, and so the road is also a symbol. But while cars have regularly been raised to the status of cult objects in song, poetry and film, roads have tended to keep a more banal image. However, in the culture and history of twentieth century America, one highway stands out from the rest; and although it no longer exists, except in small sections here and there, "Route 66" is, without the shadow of a doubt, the most famous highway in the United States of America.

The myth said that Route 66 was the road that led from the hell of dusty Oklahoma to the paradise of California, where the peach trees were always full of juicy fruit, just waiting to be picked, and those who like listening to American music may have heard the song Route 66, originally recorded by Nat King Cole.

In 1926, a businessman called John Woodruff made a proposal to create a highway running all the way from the Great Lakes to the Pacific. It would be the longest federal highway in the U.S.A. Woodruff's plan was accepted, and the number 66 was chosen, just because it was a nice memorable number. It became the most used highway in the U.S.A. and lots of people made business around it. The development of a new means of transport and different routes made the Route 66 become obsolete, and in 1977, the U.S. 66 officially ceased to exist.

In recent years, the story of Route 66 has come to be recognized as history, and a few adventurous travellers are driving along sections of it, reliving the spirit of the past. It is a road for people with time to spare, and a taste for a long journey.

*Adapted from <http://linguapress.com>*

### **TEXT 1. QUESTIONS**

**READING COMPREHENSION. (2 POINTS) (0.5 points for each correct answer).** Add TRUE or FALSE and copy the evidence from the text to support your answer. No marks are given for only TRUE or FALSE. No marks are given for T or F.



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1. Cars and roads have always had the same consideration in American life.
2. It was thought that Route 66 brought people to a much better place.
3. They chose number 66 because it was very popular.
4. The big amount of traffic made the government close the Route 66.

**TEXT 1 LEXICON / PHONETICS (2 POINTS):**

**LEXICON. (1 POINT) (0.25 points for each correct answer)**

**Find words or phrases in the text that mean the same as these given.**

1. Elevated:
2. Succulent, tasty:
3. Old-fashioned:
4. Stopped:

**PHONETICS. (1 POINT) (0.25 points for each correct answer)**

1. Is the “-ed” pronounced / t /, / d / or / ɪd / in “picked”?
2. How is the “i” pronounced in “highway”, / aɪ /, / i: / or / ɪ /?
3. Is the “-s” pronounced / s /, / z / or / ɪz / in “trees”?
4. Write a word from the text that includes the sound / eɪ / as in “became”.

**TEXT 2**

**SLEEPING**

Only five per cent of adolescents in the United States are meeting the national recommendations for sleep, exercise and screen time.

A study published in JAMA Pediatrics discovered that only 1 in 20 adolescents are meeting the guidelines and that a discrepancy exists between the sexes. Only three percent of girls get enough sleep and exercise and don't exceed screen time recommendations, compared to seven percent of boys.

According to the study, children aged 6 to 12 years old should get between nine and 12 hours of sleep. Children aged 14 to 18 years old should sleep for eight to 10 hours per night. Both groups should get at least one hour of moderate to vigorous exercise a day and limit screen time to less than two hours a day.

Gregory Knell, author and research fellow at the University of Texas School of Public Health, said in a press release that he was surprised by how few adolescents are hitting the benchmarks and that the study's results are a "wake-up call." He added that there can be considerable effects on physical and emotional health and academic performance.



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"There is plenty of evidence to show how teenagers aren't getting enough physical activity, or sufficient sleep, or keeping their screen time in check," Knell said. "But this is the first time these three factors, which have a crucial bearing on a child's health, have been analysed together ... The results are a wake-up call for everyone who wants to make sure our children have a healthy future."

Researchers analysed the responses of almost 60,000 high school students in the U.S. from the 2011 to 2017 Youth Risk Behaviour Surveillance Survey. They found that older teens, African-American and Asian children, those classified as obese and those who showed signs of depression were the least likely to meet all the guidelines.

Based on the results, the authors stress that doctors need to speak more with their patients about these habits and provide advice to them and their families.

*www.usnews.com*

**TEXT 2. QUESTIONS**

**READING COMPREHENSION. (2 POINTS) (0.5 points for each correct answer).** Add TRUE or FALSE and copy the evidence from the text to support your answer. No marks are given for only TRUE or FALSE. No marks are given for T or F.

1. According to the study girls spend more time on electronic devices.
2. According to the study, a minimum of two hours of physical activity is recommended.
3. Physical activity, sleeping and time on electronic devices were studied together last year.
4. The results of the study are a warning for all the people concerned about health.

**TEXT 2 LEXICON / PHONETICS (2 POINTS):**

**LEXICON. (1 POINT) (0.25 points for each correct answer)**

**Find words or phrases in the text that mean the same as these given.**

1. Difference, dissimilarity:
2. Energetic, dynamic:
3. Overweight:
4. Counsel, recommendation:

**PHONETICS. (1 POINT) (0.25 points for each correct answer)**

1. How is the "ed" pronounced in "discovered" /d/, /t/ or /ɪd/?
2. Write **two words** from the text that include the sound /i:/ as in "people".
3. Write **one word** from the text that includes the sound /aɪ/ as in "like"



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## **PART II. USE OF ENGLISH.**

**USE OF ENGLISH. (3 POINTS) (0.5 points for each correct answer).**

**Choose SIX of these sentences and rewrite them starting with the words given. Only the first six will be corrected. No points will be given for the extra ones. Clearly identify the sentences you choose using the numbers here.**

1. They built those highways fifty years ago.  
Those highways
2. My brother lives in California. We went on holidays there.  
My brother lives
3. It is obligatory to wait here.  
You
4. John asked me: "have you ever driven along this road?"  
John asked
5. Edward married Helen because she was rich and famous.  
If
6. Make a question for which the underlined words would be the answer.  
Mike wanted to see the manager of the business.
7. Someone has read the newspapers.  
The newspapers
8. "The bus was very late this morning" Pamela said to Jane.  
Pamela said to Jane
9. An expert is programming my computer.  
I'm
10. Could you collect my prescription from the pharmacy?  
Do you mind
11. He came to London 20 years ago.  
He has
12. They were such small houses that we couldn't stand up inside them.  
The houses

## **PART III. WRITING**

**Write ONE of these two compositions (3 POINTS). If you write two, no points will be given to the second one. Your composition must have at least 125 words.**

**OPTION 1:** The advantages and disadvantages of being a famous pop star.

**OPTION 2:** Do you have a healthy lifestyle? Give your opinion.